



Safe Foreman Award

安全管工獎 2013

- 目的：** 表揚及確認有傑出表現的工地管工
- 參加資格：** 所有工地管工(在本港及海外工作者)，而其職責必須包括參與地盤工程及直接管轄地盤工人，並對工地安全有充份了解及肩負執行及推廣職安健事宜。
- 參加方法：**
1. 回答10條職安健選擇題
 2. 表達對工地安全管理及推廣的意見
 3. 填寫參加表格，於二零一三年八月八日前，電郵至srso@srso.org.hk或郵寄火炭郵箱482號「註冊安全主任協會」收
- 獎品：** 冠軍可獲得一安士金幣及獎座一個
其餘四名決賽者各得現金伍仟元及獎座一個
入圍者獲五百元禮券及獎狀一份
合格參賽者各得紀念品乙份
- 查詢：** 蕭錦源先生(電話：9167 3573) 或 歐浩科先生(電話：6083 9085)
- 電郵：** srso@srso.org.hk
- Objective：** To recognize the importance and contribution of site foremen in health & safety matters.
- Requirement：** All construction work foremen (local and overseas) who have direct supervision of workers. He/she should be able to demonstrate to have a good understanding of site safety and experiences on implementation of his/her ideas in achieving site safety.
- To participate：** Answer 10 questions on occupational health and safety and express your views and opinions on site safety. Complete the attached Form and email to srso@srso.org.hk or post to Society of Registered Safety Officers, P.O. Box 482, Fo Tan Post Office, Fo Tan, N.T. before 8 August 2013.
- Prizes：** The Champion will be awarded 1oz gold coin & a trophy.
Each of the other four finalists will be awarded HK\$5,000 cash and a trophy.
Outstanding participants will receive HK\$500 gift coupon and a certificate
All qualified participants will receive a souvenir.
- Enquiry：** Mr. Stephen Siu (Tel: 9167 3573) or Mr. Au Ho Fo (Tel: 6083 9085) or
- Email：** srso@srso.org.hk

Organiser 主辦機構：



明
建
會

The Lighthouse Club

Co-organiser 協辦機構：



SOCIETY OF REGISTERED SAFETY OFFICERS
註冊安全主任協會

選擇題 (請別出正確答案)

Multiple Choices (Please tick the correct answer)

- 1) 根據《職業安全及健康規例》，負責人在甚麼情況下須對體力處理操作進行初步評估？ According to the 《Occupational Safety and Health Regulation》 in what circumstances the person responsible is required to conduct preliminary assessment of manual handling?
 - a) 在有任何僱員開始進行體力處理操作前
employees in any manual handling operations begin before
 - b) 在有10名或以上僱員開始進行體力處理操作前
where 10 or more employees to begin manual handling operations
 - c) 應勞工處職業安全主任的要求
As requested by Occupational safety officer.

- 2) 挖掘坑穴應設有堅固的爬梯以便上落，梯頂伸展出地面的最少距離為多少？ Excavation area shall be provided with safe means of access and egress, what is the minimum height of climbing ladder above their landing place?
 - a) 1米 (m)
 - b) 1.5米 (m)
 - c) 2米 (m)

- 3) 進行高空工作時，承建商必須先考慮提供甚麼設備？ For working at height works, what is the first consideration to prevent fall from height?
 - a) 救生網 Safety Net
 - b) 安全帶 Safety harness
 - c) 工作平台 Working platform

- 4) 根據《建築地盤(安全)規例》，地盤內僱用多少名工人，便須要有一名合資格的急救人員？ According to "Construction Sites (Safety) Regulations", How many of workers employed within the site, they need to have a first aider?
 - a) 100名 (persons)
 - b) 40-99名 (persons)
 - c) 30-99名 (persons)

- 5) 在戶外使用活動塔式通架工作平台時，其高度與最短的底邊長度比率，應不多於幾多倍？ The height to the least base dimension ratio for stationary towers outside buildings without special means of anchoring should not be greater than?
 - a) 3倍 (3 times)
 - b) 4倍 (4 times)
 - c) 5倍 (5 times)

6) 根據《建築地盤(安全)規例》，棚架在首次使用前，必須由合資格人士檢查；及將檢查的記錄填報於該規例的哪張表格？ According to 《Construction Sites (Safety) Regulations》，scaffolding before the first use, must be checked and reported by competent person. What the statutory form for recording?

- a) 表格一 (Form 1)
- b) 表格三 (Form 3)
- c) 表格五 (Form 5)

7) 下列哪一種工序，工友必須佩戴護目鏡？ Which of the following work task should wear safety goggle as personal protective equipment?

- a) 車衣 (Textile clothing)
- b) 操作磨輪 (Abrasive wheel operation)
- c) 操作電腦 (Computer using)

8) 吊棚由竹棚及「狗臂架」組成，每個狗臂架必須裝上多少顆繫穩螺絲？ Truss-out scaffold is consisted of bamboo scaffold and metal brackets, how many anchor fixing point(s) is / are need for each metal brackets?

- a) 1顆 (1 only)
- b) 最少2顆 (At least 2)
- c) 最少3顆 (At least 3)

9) 使用直梯時，擺放角度要正確，每高四米便要離牆多少？ What is the safest distance from the wall if a 4 meters ladder lean on a wall?

- a) 0.5米 (m)
- b) 1米 (m)
- c) 1.5米 (m)

10) 根據「金屬棚架工作安全守則」，「曾受訓練的人」是指已完成金屬棚架工作訓練，並有最少多久之金屬棚架工作經驗？ According to the “Code of Practice in Metal Scaffolding” “Competent Person” means a person who has finished a relevant training with how many years of working experiences in metal scaffolding?

- a) 最少1年 (At least 1 year)
- b) 最少2年 (At least 2 years)
- c) 最少3年 (At least 3 years)

