

July 6, 2015

College of Science and Engineering

Department of Architecture and Civil Engineering

Dear Mr. Johnny Shing,

Questionnaire Survey for the Improvement of Occupational Safety and Health among Construction Workers via Stress Management

I am studying Ph.D. (Doctor of Philosophy) program at the City University of Hong Kong, under the supervision of Dr. Mei-yung Leung. My research topic is 'Improvement of Occupational Safety and Health among Construction Workers via Stress Management'.

Construction has been long recognized as the most stressful and dangerous industry. Both mental and physical health problems are prominent among construction workers, which lead to significant loss for individuals (e.g., illness, suicide, etc.), organization (e.g., absenteeism, reduced productivity, loss of working days, etc.) and whole society (e.g., medical cost, lack of adequate manpower, family poverty, etc.). In addition, construction industry accounts for 27.3% (3,232/11,820) of the total industrial accidents and 82.7% (22/28) of total industrial fatal accidents in Hong Kong in 2013. Stress is also prevalent among construction workers (CWs), and acts as the potential stimuli of various occupational health and safety problem. Therefore, my study sets out to improve occupational health and safety of CWs through stress management.

To achieve the research objectives, I am going to conduct a questionnaire survey targeting construction workers in Hong Kong (e.g., general labors, skilled construction workers, and foremen). Since your construction workers have amassed rich working experience, I cordially invite them to complete the questionnaire and return it within two weeks by fax (3442-0427) or email (qiliang3-c@my.cityu.edu.hk). Any information collected from this study will be kept strictly confidential and be used for academic purpose only.

Should you have any queries about this questionnaire survey, please feel free to contact me (email: qiliang3-c@my.cityu.edu.hk or Tel.: 2194-2641).

Thanks in advance for your time and contribution.

Yours faithfully,



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