

Short Course

Health & Design of Work:

How do we design work to prevent MSDs & improve health and wellbeing?

On-line learning with four interactive on-line sessions prior to workshop

Workshop on 22 & 23 February 2016

and one follow up on-line session two weeks after the workshop

Location: La Trobe University, City Campus,

Address: 215 Franklin Street, Melbourne

HFESA CPE Members earn 80 Professional Development points and all participants receive a fee discount if they continue their studies in Ergonomics, Safety & Health at La Trobe University

Objectives

At the end of this course, participants will be able to:

- Identify and evaluate a range of workplace factors that impact work, health and wellbeing.
- Develop strategies to identify and control physical and psychosocial hazards and risk for the development of work-related musculoskeletal disorders.
- Understand the relationship between workload, work-related performance and fatigue.

Course Description

This course will examine the role of job design and how this impacts workers' health and wellbeing. A range of physical and psychosocial workplace factors will be examined to understand the relationship with a range of health outcomes, including work related musculoskeletal disorders. In addition, the role of fatigue and stress on health and workplace productivity will be explored. Practical examples of workplace risk management strategies will be used to illustrate how changes might be made in the workplace.

Optional Formal Assessment

A written assignment based on practical application of course content.

Blended Delivery Methods

On-line learning delivery via four interactive on-line sessions prior to workshop and one follow up on-line session two weeks after the workshop. On-line sessions commence: 1st February 2016 at 7.30pm

Content includes evidence based learning materials, practical tools and a two day face-to-face workshop with the option of formal assessment

Fees

\$2,100 + GST for HFESA Members
\$2,300 + GST for Affiliate HFESA Members
\$2,600 + GST for Non HFESA Members
\$300 + GST for Formal Assessment (Optional)

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Please direct enquiries to: secretariat@ergonomics.org.au
(Responding Tuesday to Thursday)