



香港職業安全衛生協會
Hong Kong Occupational Safety and Health Association
(Incorporated with Limited Liability)
The Community of Safety & Health Practice in Hong Kong - Since 1977
GPO Box 7100, Central, Hong Kong. Tel: 2332 9210 Email: admin@hkosha.org.hk

Seminar on “Ergonomics in Occupational Safety and Health”

名譽顧問

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Date: 5 December 2017 (Tue)

Time: 7:00 pm – 8:30 pm (Registration at 6:30 pm)

Venue: PQ303, Hong Kong Polytechnic University, Hunghom, Kowloon

Language: Cantonese

Participants: 116 maximum (on first-come-first-served basis)

Speaker: Dr. Andy S.K. Cheng, PhD

Associate Professor

Programme Leader, BSc (Hons) in Occupational Therapy

Department of Rehabilitation Sciences

The Hong Kong Polytechnic University



Dr. Cheng is an associate professor of the Department of Rehabilitation Sciences, The Hong Kong Polytechnic University. He is a registered occupational therapist, chartered safety and health practitioner, and certified work capacity evaluator. He received his professional training in occupational therapy at former Hong Kong Polytechnic. He got his bachelor's degree in Health and Safety at the Curtin University and completed his MPhil and PhD in the Department of Orthopaedics and Traumatology, Faculty of Medicine, the Chinese University of Hong Kong. He was the first Asian recipient of Canadian Institutes of Health Research Scholarship for postgraduate training on the Work Disability Prevention CIHR Strategic Training Program at University of Toronto. Dr. Cheng is the President of Hong Kong Ergonomics Society, Treasurer of the Chinese Association of Ergonomics, and Council Member of International Ergonomics Association.

Abstract of the Seminar :

Work-related musculoskeletal injuries (WMSI) represent a major source of work disability. There are two types of WMSI in the workplace. Acute WMSI most often develops from a specific mechanical stressor that traumatises certain musculoskeletal tissues and results in the sudden onset of pain and possibly movement limitation. On the other hand, chronic WMSI seldom occurs during a single incident of injury. These injuries have been given a number of labels including cumulative trauma disorders, repetitive trauma disorders, repetitive strain injuries and overuse syndrome. They are defined as disorders or diseases of the musculoskeletal system, which may be caused, aggravated, accelerated or exacerbated by workplace exposures and impair the work capacity of the worker. This seminar will introduce common cumulative trauma disorders at the workplace and discuss how to use ergonomics to prevent WMSI.

Registration:

Please enroll via online registration link: <https://goo.gl/4ANaKw>

Successful application will be notified in due course.

✧ The seminar is free of charge and Attendance Certificate will be issued to members of HKOSHA, students and staff of Hong Kong Polytechnic University upon completion of the seminar. If any non-members wish to obtain an attendance certificate (HK\$50 will be charged), please contact our secretariat office at 2332 9210 (Ms. Daisy Luk) for special arrangement *in advance*.

✧ No certificate will be issued to those who arrive after 7:30pm



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7:00 pm – 8:30 pm (Registration at 6:30 pm)

Venue: PQ303, Hong Kong Polytechnic University, Hunghom, Kowloon

Co-Organiser:



Supporting Organizations:



Remarks:

Prevention of influenza pandemic

To prevent the spread of influenza, any participant who has symptom(s) of flu, e.g. fever, cough and runny nose, is not recommended to attend the seminar.

Typhoon Signal No. 8 or Black Rainstorm Warning

1. The seminar will be cancelled if Typhoon Signal No. 8 or Black Rainstorm Warning is hoisted/ forecasted at 4:30 p.m. on the day of seminar.
2. The seminar will be dismissed immediately if Typhoon Signal No. 8 or higher warning signal is hoisted.
3. If Black Rainstorm Warning is hoisted during the seminar, participants should stay in the venue until the end of the event and the condition is safe to leave.
4. Participants will be informed individually within two days after the adverse weather for the new schedule of the cancelled activity.

Your Email Address (For HKOSHA Member)

If you have not yet informed the Secretariat of your email address, we greatly encourage you to do so for effective communication and prompt receipt of any information from the Association. The email address of the Association is admin@hkosha.org.hk.