

# Safe Foreman Award 安全管工獎 2018

**目的：** 表揚及確認有傑出表現的工地管工

**參賽資格：** 所有本港工地管工，而其職責必須包括參與地盤工程，及直接管轄地盤工人，並對工地安全有充份了解及肩負執行及推廣職安健事宜。

**參加方法：**

1. 回答10條職安健選擇題
2. 表達對工地安全管理及推廣的意見
3. 填寫參加表格，於二零一八年八月十七日前，電郵至 [srso@srso.org.hk](mailto:srso@srso.org.hk) 或郵寄火炭郵箱482號，註冊安全主任協會收。
4. 參賽表格可從 [www.srso.org.hk](http://www.srso.org.hk) 網頁下載。

**獎品：**

- 冠軍可獲得一安士金幣及獎座一個
- 其餘四名決賽者各得現金伍仟元及獎座一個

**查詢：** 查詢可致電6083 9085歐浩科先生或2793 3929 李少佳先生或電郵至 [srso@srso.org.hk](mailto:srso@srso.org.hk)

**電郵：** [srso@srso.org.hk](mailto:srso@srso.org.hk)

**Objective：** To recognize the importance and contribution of site foremen in health & safety matters.

**Requirement：** All site formen in Hong Kong, their responsibility must be related to construction industry works and direct supervise the construction workers. The participants should be responsible for implementation and promotion occupational safety on site.

**To participate：**

1. Answer 10 occupational health and safety multiple choices.
2. Foreman express the view and suggestions on site safety with examples.
3. Email or Post the filled application form to [srso@srso.org.hk](mailto:srso@srso.org.hk) or P.O. Box 482, Fo Tan Post Office, Fo Tan, NT on or before 17<sup>th</sup> August 2018.
4. Application form can be downloaded from our web site: [www.srso.org.hk](http://www.srso.org.hk)

**Prizes：**

- Champion: 1oz Gold coin and a Trophy
- 4 Finalists: \$5000 cash and a Trophy for each

**Enquiry：** For any enquiries please feel free to contact Mr. Au Ho Fo at 6083 9085 or Mr. Patrick Li at 2793 3929 or email to [srso@srso.org.hk](mailto:srso@srso.org.hk)

**Email：** [srso@srso.org.hk](mailto:srso@srso.org.hk)

**Organiser 主辦機構：**



THE LIGHTHOUSE CLUB HONG KONG  
明建會

**Co-organiser 協辦機構：**



SOCIETY OF REGISTERED SAFETY OFFICERS  
註冊安全主任協會

# 安全管工獎 2018

選擇題 (請剔出正確答案)

Multiple Choices (Please tick the correct answer)

1) 起重裝置上的顏色標示有甚麼作用？

*What is the purpose of colour codes on lifting gears?*

- ☐ a) 辨別安全操作負荷 Identifying the safe working load
- ☐ b) 辨別起重裝置的檢驗是否仍然有效 Identifying if the test and examination is still valid
- ☐ c) 辨別起重裝置的擁有人 Identifying the owner of the lifting gears

2) 以下那一項是防止泥坑下塌的安全措施？

*Which of the following safety measure is to prevent the collapse of excavation trench?*

- ☐ a) 安裝足夠強度的閘板 Install sufficient strength of sheet pile
- ☐ b) 在泥坑邊緣架設圍欄 Erect guard-rails at the edge of trench
- ☐ c) 在泥坑邊緣架設踢腳板 Install toe-board at the edge of trench

3) 如電箱起火，應使用那類滅火筒去撲救火種？

*Which type of fire extinguisher should be used for a fire on electric distribution box?*

- ☐ a) 水劑 Water
- ☐ b) 泡沫劑 Foam
- ☐ c) 乾粉劑 Dry powder

4) 進入密閉空間工作的工友，必須持有那一種有效証書？

*Working inside a confined space which kind of certificate shall the worker obtain.*

- ☐ a) 吊索工 Rigger
- ☐ b) 密閉空間核准工人 Confined space certified worker
- ☐ c) 棚架合資格人仕 Scaffold competent person

5) 根據<建築地盤(安全)規例>，凡可能引致任何人士從兩米或以上高處墮下之工作平台，其闊度最少為多少毫米？

*According to Construction site (safety) Regulation, what is the minimum width of a working platform that may cause any person fall from more than 2 meters height?*

- ☐ a) 400毫米/mm
- ☐ b) 250毫米/mm
- ☐ c) 100毫米/mm



**6) 下列哪一些資料是<工廠及工業經營業(吊船)規例>內, 吊船擁有人須在吊船上清晰標明?**

*According to Factories and Industrial Undertaking (Suspended Working Platforms) Regulation, which information should be clearly displayed on the gondola by the owner?*

- ☐ a) 吊船的牌子及吊船安全操作負荷 The brand and safe working load of the gondola
- ☐ b) 每次可載的最高人數和吊船安全操作負荷 Safe working load and maximum number of persons of the gondola
- ☐ c) 每次可載的最高人數和吊船的牌子 The brand and maximum number of persons of the gondola

**7) 根據<職業安全及健康規例>, 一個200名僱員之工場,最少要有多少個急救箱?**

*According to (Occupational Safety and Health Regulation), what is the minimum number of first aid box to be provided for a workplace with 200 employees?*

- ☐ a) 1個/box
- ☐ b) 2個/boxes
- ☐ c) 3個/boxes

**8) 密閉空間內的安全氧氣濃度應為?**

*What is the safe oxygen limit inside a confined space?*

- ☐ a) 15.5-21%
- ☐ b) 17.5-23%
- ☐ c) 19.5-23%

**9) 確定現有地下電纜的準線和深度時, 所使用鑽孔/鑽探裝置的路線與鄰近地下電纜方圓須一般保持最少多少米的間隙?**

*While identifying the alignment and depth of a existing underground cables, what is the minimum distance should be kept between the drilling machine and the cable?*

- ☐ a) 0.5米/m
- ☐ b) 1米/m
- ☐ c) 3米/m

**10) 為確保焊接工作安全, 在焊接工作前應為場地進行甚麼安全檢查?**

*In order to ensure a welding operation safe, what kind of safety measure is required prior to carrying out the welding work?*

- ☐ a) 確保後備氣樽準備妥當 Ensure a spare gas cylinder is ready
- ☐ b) 確保附近沒有可燃或易燃物料 Ensure no flammable substance is nearby
- ☐ c) 確保場地有足夠的金屬梯具 Ensure adequate metal ladders in workplace

# 安全管工獎 SAFE FOREMAN AWARD 2018

## 參加表格 APPLICATION FORM

**作為一名管工，你覺得創新科技能否改善地盤安全？試用不少於500字闡述**

**As a foreman, do you think a construction site safety performance could be improved by adopting innovation technology? Please express your view with not less than 500 words)**

[illegible]

(可另加附頁/ Please add supplementary paper if necessary)

## 參加者資料

中文姓名：

English Name :

通訊地址 (Correspondence Address) : \_\_\_\_\_

聯絡電話 (Contact No.) Day : 傳真號碼 (Fax No.) :

電郵地址 (E-mail Address) : \_\_\_\_\_

職業 (Occupation) : \_\_\_\_\_

建造業工作經驗 (Working Experience in Construction Industry) : \_\_\_\_\_ 年 (Year)

工作性質 (Job Nature) :

現時僱主 (Current Employer) : \_\_\_\_\_

所管轄工人數目 (No. of Workmen under Supervision) : \_\_\_\_\_

參加者簽署 (Applicant Signature) : \_\_\_\_\_

填寫參加表格，於二零一八年八月十七日前，電郵至 [srso@srso.org.hk](mailto:srso@srso.org.hk) 或 郵寄火炭郵箱482號註冊安全主任協會收

Please fill in the application form and email to [srso@srso.org.hk](mailto:srso@srso.org.hk) or post to Society of Registered Safety Officers, P.O. Box 482, Fo Tan Post Office, Fo Tan, N.T. before 17<sup>th</sup> August 2018.